

Queen's Park Infant Academy



PE Policy Spring 2025

PE Leader: Karen Jackson
Review date: Spring 2026

“Respecting, Aspiring, Persevering

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Queen's Park Infant Academy Motto

A happy school, learning, caring, succeeding together.

Our Vision

Our passionate vision is to create an inclusive, nurturing school, which excites a love of learning. A school, which promotes high expectations, recognises achievement and celebrates success in all areas of development for all children.

At Queen's Park Infant Academy we know that every child is an individual with unique talents and we aim to foster these. We teach our children to take proactive responsibility for thinking about their own learning and thinking about how to learn together. We aim to develop resilient, self-aware lifelong learners.

Together in partnership we can nurture and encourage confident, caring, independent children. Children who enjoy learning and who always believe that they can achieve more tomorrow than they have today.

Our vision and values are at the heart of everything we do. They underpin our thinking, our decision making and our teaching and learning. They ensure an environment which prepares our pupils as confident, happy citizens.

'Respecting, Aspiring, Persevering'

1: Rationale

At Queen's Park Infant Academy we are committed to supporting all children to achieve and thrive through the development of a healthy and active lifestyle. We endeavour to offer a variety of opportunities that aim to promote a life-long understanding of how to stay healthy by incorporating fitness, movement and health as an integral part of our daily curriculum as well as through explicit PE sessions. We offer experiences that encourage sportsmanship, team work, challenge, knowledge, a sense of self-worth and perseverance. We want our children and staff to respect others and adopt a positive attitude to all new and existing experiences.

As well as introducing new sports' skills and specialist coaching to improve existing skills for both children and staff, we hope to widen the possibilities for all to undertake quality teaching and learning with regards to sport, physical activity and personal health. We hope to develop parental and community links which will support life-long participation and growth.

At Queen's Park Infant Academy, we believe PE and school sport make a significant difference to whole school improvement and we endeavour to promote and embed our learning skills of teamwork, independence, resilience, creativity, responsibility and problem solving through an inclusive and cohesive provision.

2: Aims

Our aim is to provide an exciting and varied PE curriculum which will nourish and extend children's abilities to, practise, refine and perform skills so that all children progress well from their starting points. We aim to make physical and mental health, fitness and sport central to each child's life, both in and out of school.

3: PE in Practice

In Key Stage 1, each class will have 2 sessions of PE per week, this could be indoors or outdoors. In Reception, this could be through gross motor activities in the outdoor learning areas. We concentrate on the fundamentals of physical development (agility, balance and coordination) and extend these skills in accordance with the ability of each child so that they achieve their full potential. In addition to the teacher (and where possible a TA) supporting the session, all classes will have access to specialist coaching. In Reception, teachers also drive continuous improvement by leading targeted gross motor interventions for pupils identified with specific gross/fine motor areas of need in class.

PE at Queens Park Infant Academy extends beyond explicit PE lessons as we incorporate physical and mental health into all aspects of the school curriculum. All classes have access to continuous 'Active Learning' whereby children's gross, fine and core skills are enhanced through movement, balance and coordination activities within the classroom.

Every day, children at Queens Park Infant Academy achieve the Government's Chief Medical Officer guidelines that recommend primary school children undertake at least

60 minutes of physical activity a day (30 minutes of total in school). Children achieve at least 30 minutes of physical activity through explicit PE lessons, active playtimes, Lunchtime Active Club (depending on allocation of the governments Sports Funding Budget 2025/26), physical gross motor activities in the Reception outdoor learning areas and online movement activities.

PE not only makes its own distinctive contribution to the school curriculum but also makes strong links to the all aspects of the broad and balanced curriculum offered at Queens Park Infant Academy. PE develops English and mathematical skills, scientific reasoning, communication, awareness within PSHE topics, thinking and problem solving skills, social and emotional skills and an appreciation of musical components.

We provide opportunities, within the school, for pupils to participate in competitive sporting activities, as part of a team, on Sports Day. Children also explore creative and challenge-type activities, as individuals and as part of a team in their weekly outdoor PE lessons.

4: PE and the National Curriculum

We provide a progressive curriculum from Early Years through to the end of Year 2, which builds on individual learning needs and goals. We have high aspirations for all pupils and have developed a Progression of Skills document for PE which ensures that all children are taught fundamental skills in all year groups as well as a wide range of sporting activities. Teachers work alongside professional coaches to deliver skills for Tennis and Gymnastics. The school subscribes to 'Get Set 4 PE' to enable teachers to access online lesson plans so that they can deliver high quality PE lessons. This approach to the curriculum has enabled more skills and knowledge to be committed to long term memory, therefore aiding effective learning throughout the pupil's education.

5: Assessment

Teachers assess children's work through formative feedback as they observe them working during lessons. They assess the progress made by children against the learning objectives for those lessons. The children are encouraged to assess themselves and each other in order to improve their performance and level of skill. Children are encouraged to persevere, to be resilient and to work hard to improve. Planning is carried out in response to the learning and the 'Next Steps' necessary for children to continue to progress and thrive.

6: Health and safety

At Queens Park Infant Academy our PE kit consists of a white t-shirt and black or blue shorts, with black or navy joggers and sweatshirt for outdoor activities throughout winter months. Trainers should be worn for outdoor games and activities. Some indoor lessons, such as gymnastics, are performed barefoot. All children and adults must wear suitable clothing and footwear for PE activities. Jewellery should be removed, long hair tied back and nails kept sufficiently short.

Teachers ensure that there is sufficient space in which the children can work and that all surfaces are safe to use. The children are taught how to lift and move apparatus safely. They are also taught how to use small apparatus appropriately. All large apparatus is checked at regular intervals by a specialist company.

Children are taught to be aware of others in the class when they are moving and working. There are qualified first aiders in school to support any accidents or medical issues and detailed records are kept of all pupils with medical conditions which may affect their ability to participate.

The PE lead liaises with the school's health and safety representative, the school's Site Manager, regularly checking the environment to ensure all health and safety regulations are met. Annual safety checks are carried out to check indoor and outdoor climbing and PE equipment. Any failures are either taken out of use or repaired.

In addition, risk assessments are updated annually of the areas where PE is taught and equipment is used, including PE equipment (PE Leader). The risk assessment is reviewed following any recordable incident that occurs. Risk assessments are in place for all school sporting events and all staff can access these via the school's electronic files in the shared area.

7. External Coaches

When PE and other sporting activities are delivered by external coaches and non QPIA staff, risk assessments are completed by the external providers. The PE Lead checks the risk assessment and these are stored centrally for all staff to access. The QPIA PE policy and Health and Safety Policy is shared with coaches prior to delivering the lessons/sessions.

8: Resources

The school is well resourced and has 2 main storage areas. These are the PE cupboard in the hall where equipment for indoor use is stored and the metal shed in the playground where outdoor equipment is stored. The resources are available for all staff to access and also for all children to access with adult supervision.

The PE leader will monitor the use and quality of the resources and replenish or update equipment as necessary within the budget set to ensure maximum opportunities for physical activity. Resources will allow all children to access the activities regardless of ability wherever possible.

9: Inclusion and opportunities

At Queens Park Infant Academy, all children are expected to participate in all aspects of PE and school sport. There is no exclusion on the grounds of ability, race, gender or faith. Children needing further support to access PE will be supported by additional adults or with differentiated tasks or resources as appropriate. There are free places available in the Foundation Sports after school clubs Pupil Premium children.

10: Parental Involvement

The school welcomes parental involvement and parental voice. We listen to parents' responses with regards to barriers to engagement and we regularly signpost parents to sporting activities and holiday clubs that children can engage in outside school through newsletters and via email.

PE at Queens Park Infant Academy is shared and celebrated through the school website, Tapestry, Superstar Assemblies and school newsletters. We endeavour to hold events such as an annual school sports day which parents/carers are welcome to attend.

11: Monitoring and Evaluation

The monitoring and evaluation of the PE curriculum, the PE policy and the spending of the PE and school sport funding premium is carried out by the PE Leader, the Headteacher and the Governing Body.

12: Extra-Curricular Activities

All children have the opportunity to join in with the extra-curricular activities and where appropriate, funding is made available to support this. We provide extra-curricular activities such as football, gymnastics, multi skills and dance. These clubs are led by external providers.

13: The Wider World

As a Multi Academy Trust we endeavour to widen the opportunities available to children and staff by sharing resources and expertise. Staff keep up to date with their PE skills by working alongside professional coaches in dance, gymnastics, tennis and football. We promote positive role models in sport and make parents and children aware of local and national initiatives such as Adult and Junior Park Runs, and Sports Holiday Clubs.

14: British Values

We uphold Modern British Values by showing 'Mutual Respect' when encouraging children to observe and appraise each other's work. We give the children the opportunity to celebrate what others have done well and give constructive feedback to their peers about how they might do things differently. The children are encouraged to understand that there are a range of abilities in the class and to show respect to all.

We provide opportunities for children to experience 'Democracy' through voting for warm ups, the rules for new games and the roles that they take within group work. Children are encouraged to uphold 'Individual Liberty' by being free thinkers and have an inner confidence to express feelings and opinions that may arise in dance, gymnastics and games lessons. We promote 'Rule of Law' by setting rules and expectations of behaviour and good conduct.

15. PE and School Sport Funding:

The annual strategy for the implementation and spending of the PE and School Sport Funding can be found on the school website.